

WEEK 2

Welcome to week 2 of 21 days
of prayer and fasting!

This year, our daily prayer focus will center on who God is as we explore His characteristics together each day. We will use a daily prayer rhythm to guide our prayer times each day.

What is a daily prayer rhythm?

In the Hebrew and early Christian tradition, there has always been a daily prayer rhythm to pause and pray - morning, midday, and evening. We will be explore this practice for the duration of the 21 days.

Morning:

Each morning we will begin the day with our church-wide prayer focus, scripture, and prayer

Midday:

Each midday we will intentionally refocus our hearts and minds on God by praying the Lord's Prayer.

Evening:

Each evening we want to end our day with repentance and gratitude. As you review your day, from morning to evening, ask God's forgiveness for any ways you may have sinned that day. Then give thanks to God for anything and everything you are grateful for - asking, "Where did i see you at work today, God?"

Week 2

Characteristics

Love

God's love is more than just an emotion. It is a commitment that drove Him to give His only Son to bring us into relationship with Him.

Merciful

Mercy means not getting the punishment we deserve. Jesus took the judgment we deserve and placed it on Himself.

Omnipotent

God is all powerful. There is nothing too difficult for Him.

Omnipresent

God is everywhere - in and around everything, close to everyone.

Omniscient

God is all knowing. Nothing ever has or ever will take Him by surprise.

Patient

God is patient despite our flaws and our failures. He waits for us with patient love to surrender our lives to Him.

Righteous

God is consistently perfectly just, holy, and upright in nature. He is the ultimate standard of right and wrong.

March 22 - Love

Morning

1 John 4:7-10

Dear friends, let us love one another, for love comes from God. Everyone who loves has been born of God and knows God. Whoever does not love does not know God, because God is love. This is how God showed his love among us: He sent his one and only Son into the world that we might live through him. This is love: not that we loved God, but that he loved us and sent his Son as an atoning sacrifice for our sins.

Prayer

Lord, Your love is limitless and sacrificial. Thank you for loving me and sending Your son as the perfect gift of love. Help me to trust Your unfailing love, especially when I'm tempted to base it on my performance. I am so thankful for the example you give me of how to love and what it looks like. You love me despite my flaws and my sins. May I treasure this truth in my heart today as I go about my day. Father, may the love you give me spill out of me into the relationships around me. Teach me how to love others as You have first loved me. Amen.

Midday

As I enter prayer now, I join my voice with my church and the church around the world, praying as Jesus taught us:

Our Father in heaven,
hallowed be your name.
Your Kingdom come,

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March 22 - Love

Midday (continued)

Your will be done,
on earth as it is in heaven.
Give us this day our daily bread.
Forgive us our debts
As we forgive those indebted to us.
And lead us not into temptation,
but deliver us from evil.
For yours is the kingdom, the power,
and the glory, both now and forever
Amen

Evening

God, Help me to refocus on you after the busyness of my day. Still my mind and quiet my heart as I seek to spend this time with you.

I bring you every part of my day. Show me the ways in which I have sinned today. Help me to examine my heart and my motives and to notice when my thoughts and my actions haven't matched up with Your heart. Thank You for Your grace and forgiveness that restores me.

As I close out my day, help me notice where I have seen You at work. Thank You for the endless ways I have experienced Your love today - in the gift of salvation, in the world You have created, and in the people You have placed in my life. You are so good to me.

Give me rest from today and prepare my heart for what you have for me tomorrow. Amen.

March 23 - Merciful

Morning

Hebrews 2:17

For this reason he had to be made like them, fully human in every way, in order that he might become a merciful and faithful high priest in service to God, and that he might make atonement for the sins of the people.

Prayer

Merciful God, thank You that Your mercy doesn't change based on my performance, but is just who You are. The weight and payment for sin You took from my shoulders and put on Yours is a freedom I barely comprehend, but I thank You. Show me where I need to show mercy to others and help me live that out. Amen.

Midday

As I enter prayer now, I join my voice with my church and the church around the world, praying as Jesus taught us:

Our Father in heaven,
hallowed be your name.
Your Kingdom come,
Your will be done,
on earth as it is in heaven.
Give us this day our daily bread.
Forgive us our debts
As we forgive those indebted to us.

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March 23 - Merciful

Midday (continued)

And lead us not into temptation,
but deliver us from evil.
For yours is the kingdom, the power,
and the glory, both now and forever
Amen

Evening

God, Help me to refocus on you after the busyness of my day. Still my mind and quiet my heart as I seek to spend this time with you.

I bring you all of my day. Show me the ways in which I have sinned today. Help me to examine my heart and my motives and to notice when my thoughts and my actions haven't matched up with Your heart. My sins should have been my death sentence, but Your mercy makes it possible for me to draw near to You...and Your grace restores me.
Thank You!

As I close out my day, help me notice where I have seen You at work in my life. I thank you for the blessings and the gifts you have given to me today. You are so good to me.
Give me rest from today and prepare my heart for what you have for me tomorrow. Amen.

March 24 - Omnipotent

Morning

Jeremiah 32:17 NLT

“O Sovereign LORD! You made the heavens and earth by your strong hand and powerful arm. Nothing is too hard for you!

Prayer

God, so often I trust in my own abilities to carry me through my life. Fear and anxiety tell me that I can only rely on me. But I am weak and I often fail. You are the One who is all powerful! Help me to have faith and confidence in You, placing my whole life in Your capable hands. Remind me of Your love for me that is displayed through Your limitless strength and power - knowing that nothing is too difficult for You. Amen.

Midday

As I enter prayer now, I join my voice with my church and the church around the world, praying as Jesus taught us:

Our Father in heaven,
hallowed be your name.

Your Kingdom come,
Your will be done,

on earth as it is in heaven.

Give us this day our daily bread.

Forgive us our debts

As we forgive those indebted to us.

And lead us not into temptation,
but deliver us from evil.

For yours is the kingdom, the power,
and the glory, both now and forever

Amen

March 24 - Omnipotent

Evening

God, Help me to refocus on you after the busyness of my day. Still my mind and quiet my heart as I seek to spend this time with you.

I bring you every part of my day. Show me the ways in which I have sinned today. Help me to examine my heart and my motives and to notice when my thoughts and my actions haven't matched up with Your heart. Thank You for Your grace and forgiveness that restores me.

As I close out my day, help me notice where I have seen You at work in powerful ways in my life. I am grateful for Your strength that empowers me and rescues me. Help me to always allow Your strength to be what carries me through this life. You are so good to me.

Give me rest from today and prepare my heart for what you have for me tomorrow. Amen.

March 25 - Omnipresent

Morning

Psalm 139:7-12

Where can I go from your Spirit? Where can I flee from your presence? If I go up to the heavens, you are there; if I make my bed in the depths, you are there. If I rise on the wings of the dawn, if I settle on the far side of the sea, even there your hand will guide me, your right hand will hold me fast. If I say, "Surely the darkness will hide me and the light become night around me," even the darkness will not be dark to you; the night will shine like the day, for darkness is as light to you.

Prayer

Lord, what comfort it gives me that You are never far away from me. You are the God who is everywhere! Even when my way seems dark, You are with me. Thank You that You promise to never leave me. Your presence provides me with peace. Help me to take that with me into my day today so that I can walk in confidence and without fear! Amen.

Midday

As I enter prayer now, I join my voice with my church and the church around the world, praying as Jesus taught us:

Our Father in heaven,
hallowed be your name.

Your Kingdom come,
Your will be done,
on earth as it is in heaven.

Give us this day our daily bread.

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March 25 - Omnipresent

Midday (continued)

Forgive us our debts
As we forgive those indebted to us.
And lead us not into temptation,
but deliver us from evil.
For yours is the kingdom, the power,
and the glory, both now and forever
Amen

Evening

God, Help me to refocus on you after the busyness of my day. Still my mind and quiet my heart as I seek to spend this time with you.

I bring you every part of my day. Show me the ways in which I have sinned today. Help me to examine my heart and my motives and to notice when my thoughts and my actions haven't matched up with Your heart. Thank You for Your grace and forgiveness that restores me.

As I close out my day, help me notice where I have seen You at work today. Thank You for Your presence throughout my day. When I remember that I am never alone, fear has no power over me. That allows me to walk in the confidence of being Your child - dearly loved, wanted, and protected. You are so good to me.

Give me rest from today and prepare my heart for what you have for me tomorrow. Amen.

March 26 - Omniscient

Morning

Psalm 139:1-6

You have searched me, LORD, and you know me. You know when I sit and when I rise; you perceive my thoughts from afar. You discern my going out and my lying down; you are familiar with all my ways. Before a word is on my tongue you, LORD, know it completely. You hem me in behind and before, and you lay your hand upon me. Such knowledge is too wonderful for me, too lofty for me to attain.

Prayer

God, You know my heart and my thoughts better than I do. You know it all, yet you are tender and kind to me. You are patient and faithful, even when You know I won't be.

You know the best course for my life and I am so grateful that none of it takes You by surprise! Today, help me surrender it all to You, knowing that You hold it all. Direct me and guide me in the ways that I should go. I put my trust in You. Amen.

Midday

As I enter prayer now, I join my voice with my church and the church around the world, praying as Jesus taught us:

Our Father in heaven,
hallowed be your name.
Your Kingdom come,
Your will be done,
on earth as it is in heaven.
Give us this day our daily bread.

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March 26 - Omniscient

Midday (continued)

Forgive us our debts
As we forgive those indebted to us.
And lead us not into temptation,
but deliver us from evil.
For yours is the kingdom, the power,
and the glory, both now and forever
Amen

Evening

God, As I come to you in prayer tonight, quiet my mind and my heart, helping me to refocus on you after the busyness of my day. As I bring myself back to You tonight, I rest in the truth of Your ability to know and understand every part of our world and every part of me. Help me to continue to put my trust in You and allow You to guide me.

I bring you all of my day. Help me to see the ways in which I have sinned today. Help me to examine my heart and my motives and to notice when my thoughts and my actions haven't matched up with Your heart. Thank You for Your grace and forgiveness that restores me.

As I close out my day, help me notice where I have seen You at work in my life. I thank you for the blessings and the gifts you have given to me today. You are so good to me.

Give me rest from today and prepare my heart for what you have for me tomorrow. Amen.

March 27 - Patient

Morning

2 Peter 3:9

The Lord isn't really being slow about his promise, as some people think. No, he is being patient for your sake. He does not want anyone to be destroyed, but wants everyone to repent.

Prayer

God, Today I give thanks for Your patience with me. I am often selfish, unkind, and sinful. Yet You wait as a father waits for his beloved child, with open arms for me to surrender fully to Your love. You never strong arm me or shame me, but offer me gentle correction and guidance from a place of patient love. Help me to truly walk in the freedom that Your patience allows and in turn make me patient with those around me. Show me how to point others to You with that same patient love today. Amen.

Midday

As I enter prayer now, I join my voice with my church and the church around the world, praying as Jesus taught us:

Our Father in heaven,
hallowed be your name.
Your Kingdom come,
Your will be done,
on earth as it is in heaven.
Give us this day our daily bread.

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March 27 - Patient

Midday (continued)

Forgive us our debts
As we forgive those indebted to us.
And lead us not into temptation,
but deliver us from evil.
For yours is the kingdom, the power,
and the glory, both now and forever
Amen

Evening

God, Help me to refocus on you after the busyness of my day. Still my mind and quiet my heart as I seek to spend this time with you.

I bring you every part of my day. Show me the ways in which I have sinned today. Help me to examine my heart and my motives and to notice when my thoughts and my actions haven't matched up with Your heart. Thank You for Your patient love that welcomes me with open arms. Help me to be gentle and patient with others just as You have been with me.

As I close out my day, help me notice where I have seen You at work in my life. I thank you for the blessings and the gifts you have given to me today. You are so good to me.

Give me rest from today and prepare my heart for what you have for me tomorrow. Amen.

March 28 - Righteous

Morning

Psalm 11:7

For the Lord is righteous,
he loves justice;
the upright will see his face.

Prayer

God, You are righteous and holy. Your heart is good and kind, and still holds firmly to what is true and right. You consistently show me what it looks like to live in a way that is above reproach.

Help me to seek Your Word so that I might live in ways that honor You - loving mercy and justice. Give me a humble heart that submits all my ways to you. I long to know Your heart and see your face. Amen.

Midday

As I enter prayer now, I join my voice with my church and the church around the world, praying as Jesus taught us:

Our Father in heaven,
hallowed be your name.
Your Kingdom come,
Your will be done,
on earth as it is in heaven.
Give us this day our daily bread.

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March 28 - Righteous

Midday (continued)

Forgive us our debts
As we forgive those indebted to us.
And lead us not into temptation,
but deliver us from evil.
For yours is the kingdom, the power,
and the glory, both now and forever
Amen

Evening

God, As I come to you in prayer tonight, quiet my mind
and my heart, helping me to refocus on you after the
busyness of my day.

I bring you all of my day. Show me the ways in which I
have sinned today. Help me to examine my heart and my
motives and to notice when my thoughts and my actions
haven't matched up with Your heart. Give me a humble
heart that seeks to live righteously in all I do. Thank You for
Your grace and forgiveness that restores me when I stumble.
Keep me coming back to You.

As I close out my day, help me notice where I have seen
You at work in my life. I thank you for the blessings and the
gifts you have given to me today. You are so good to me.
Give me rest from today and prepare my heart for what you
have for me tomorrow. Amen.